



Groups & Workshops Spring/Summer

All groups marked with an * are for parents and children to attend together. For a full description of our groups and workshops, contact us at 415-359-2454 or at ParentsPlaceSF@jfccs.org, or visit us on the Web at www.ParentsPlaceOnline.org. Sliding scale available. Please inquire when registering.

FOR NEW PARENTS

■ **New Mother/New Baby* (up to 6 months)** Meet with other new mothers to discuss the joys and challenges of becoming a mom. With Lee Ann Slaton, MS, Parents Place Education Coordinator. **Wednesdays, June 10 – July 29, 12:30 – 2:00 pm.** \$5/session, for 8 sessions.

■ **Baby Signs*** Communicate with your children before they can speak! Parents are welcome to bring their children with them to this class, but it is not required. With Jeni Clancy. **Tuesday, July 21, 6:00 – 7:30 pm.** \$40/person, \$55/couple, includes book.

ESPECIALLY FOR ADOPTIVE PARENTS

■ **Becoming a Family – New Adoptive Parent Group (up to 1 year)*** A group for adoptive parents at which they share their experiences as a new family, with emphasis on the issues of adoption. Children welcome! With Amy Cunningham, LCSW. **Wednesdays, May 6 – June 3, 12:00 – 1:30 pm.** Free.

■ **Discussion Group for Adoptive Parents.** With Janina Nadaner, MFT. Ongoing, topical once-monthly group. **Thursdays, May 28 and June 25, 6:00 – 7:30 pm.** \$30 per session.

ESPECIALLY FOR GAY AND LESBIAN PARENTS

■ **Growing LGBT Families** Discussion, tips, resources, and more for LGBT parents and parents-to-be. With Lesley Sternin, LCSW. **Tuesday, August 4, 6:00 – 7:30 pm.** \$30 per person/\$40 per couple.

PARENT/CHILD ACTIVITY GROUPS AND PLAYGROUPS WITH JENI CLANCY, UNLESS OTHERWISE NOTED

■ **Drop-in Play* (up to four years)** Meet with other parents while your children enjoy playing with each other. **Wednesdays, 9:30 – 10:45 am; Thursdays, 12:00 – 1:00 pm.** \$8 per family per visit; purchase a card for five visits for \$35.

■ **Music! Music! Music!*** (6 – 24 months) Get down and groove to the music! Instruments, dancing ribbons, parachutes, puppets, and bubbles. Sure to delight every little musician and singer.

Wednesdays, June 17 – July 1, 11:00 am – 12:00 pm. \$60 for three sessions.
Wednesdays, July 8 – 29, 11:00 am – 12:00 pm. \$80 for four sessions.

■ **Little Chefs!*** (2 – 4 years) Chop, stir, spread, and measure! Little chefs get to experience the fun of creating delicious masterpieces all their own. **Fridays, June 19 – July 10, 12:00 – 1:00 pm.** \$100 for four sessions, includes food and supplies.

■ **Ready, Set, Go! Preparing for Preschool* (2 – 3 years)** Playgroup/discussion for parents and children in a preschool-like setting. With Lee Ann Slaton, MS, and Jeni Clancy. **Thursdays, June 11 – July 30, or Fridays, June 12 – July 31, 10:00 – 11:30 am.** \$195 for eight sessions.

FINANCIAL PLANNING

■ **Teaching Your Kids About Money** With Lisa Caper, LCSW. **Thursday, June 18, 6:00 – 7:30 pm.** \$10.

■ **Ten Things Every Parent Needs to Know about Their Finances** with Kristin Harad, CFP.® Learn how to make financial choices wisely, develop a practical spending plan, and prepare for your family's future. **Wednesday, June 10, 6:00 – 7:30 pm.** \$10.

■ **Wills, Trusts, and Estate Planning for Families with Young Children** with Ira Fateman, CHP.® **Wednesday, June 17, 5:30 – 7:30 pm.** \$10.

THE EARLY YEARS/BEHAVIOR AND DEVELOPMENT

■ **Helping Your Child Sleep Through the Night** With Amy Weiss, MFT. **Wednesday, May 27, 12:00 – 1:30 pm.** \$30.

■ **No More Diapers!** With Jeni Clancy. **Tuesday, July 14, 5:30 – 7:00 pm.** \$30.

■ **The Terrific Twos: Tantrum Taming, Toileting, and More!** With Lee Ann Slaton, MS. **Thursdays, July 2 and 9, 6:00 – 7:30 pm.** \$60 for two sessions.

■ **Your One-Year-Old: What to Expect** With Lee Ann Slaton, MS. **Wednesday, June 24, 5:30 – 7:00 pm.** \$30.

DISCIPLINE

■ **Boys and Discipline** With Robert Scott, MSW. **Tuesdays, June 2 and 9, 6:00 – 7:30 pm.** \$60 for two sessions.

■ **Discipline Without Guilt** With Robert Scott, MSW. **Tuesday, June 30, 12:00 – 1:30 pm.** \$30.

■ **Handling Anger: Yours and Your Child's** With Pnina Tobin, MPA. **Tuesday, June 23, or Thursday, August 13, 6:00 – 8:00 pm.** \$35.

■ **Positive Discipline** With Lee Ann Slaton, MS. **Tuesday, July 7, 5:30 – 7:30 pm.** \$35.

■ **Raising a Strong-Willed or Highly Sensitive Child** With Pnina Tobin, MPA. **Tuesday, June 30, or Thursday, August 13, 6:00 – 8:00 pm.** \$35.

CHOOSING SCHOOLS

■ **Choosing a Preschool** With Lee Ann Slaton, MS. **Monday, June 22, or Tuesday, August 25, 5:30 – 7:00 pm.** \$30.

■ **Choosing a Kindergarten** With Lee Ann Slaton, MS. **Tuesday, June 16, or Thursday, August 27, 5:30 – 7:30 pm.** \$35.

SOCIALIZATION SKILLS GROUPS FOR CHILDREN

Focusing on strengthening age-appropriate social interaction, conflict resolution, and making and keeping friends. Ongoing, offered throughout the year. For info, contact us at 415-359-2454.

Parents Place Express – the workshops that come to you!

A variety of groups and workshops, tailored to your specific needs, can be scheduled to take place at your home, your workplace, your child's school, and other venues. Contact Lee Ann Slaton at 415-359-2473 or LeeAnnS@jfccs.org.

Coaching and Consultation for Parents

Do you have a specific parenting issue to discuss? Would you prefer more privacy and one-on-one attention to what a group might offer? An individual consultation tailored to your needs with a Parents Place educator can be scheduled at your convenience. Topics typically addressed include sleep issues, separation anxiety, discipline, sibling relationships, and other related concerns. Contact Lee Ann Slaton at 415-359-2473 or LeeAnnS@jfccs.org.

STRENGTHENING FAMILY RELATIONSHIPS

■ **Mothers and Sons** With Dr. Mical Falk. **Monday, May 11, or Monday, August 10, 6:00 – 8:00 pm.** \$35.

■ **Parenting Together: Making Decisions as a Couple** With Robert Scott, MSW. **Wednesdays, June 10 and 17, 6:00 – 7:30 pm.** \$60 for two sessions.

■ **Siblings Without Rivalry** With Bonnie Romanow. **Thursday, May 21, 6:00 – 7:30 pm.** \$30.

■ **Creating Your Child's First Books** Early childhood consultant, author, educator, and child therapist **Linda Cedarbaum** uses this hands-on workshop to show you how to make books that will captivate your child's attention and bring hours of mutual fun and learning. Learn how to promote your child's pre-literacy skills, gain insights into your child's developing language skills, and take home your own book to begin using and cherishing immediately. **Thursday, June 11, 6:00 – 7:30 pm.** \$30.



KORET FAMILY RESOURCE CENTER

1710 Scott Street
San Francisco, CA 94115

Spring/Summer 2009 Calendar

parentsplace San Francisco

Spring/Summer Calendar 09

Other programs and services offered by Parents Place

On The Mark/Volunteer Opportunities Our critically acclaimed mentor program matches 8- to 18-year-olds with adult volunteer mentors. Contact Taylor Epstein at 415-359-2463 or TaylorE@jfcs.org.

YouthFirst Helping teens develop life skills through career exploration, academic year and summer internships, leadership training, one-on-one counseling, and volunteer opportunities. Contact Taylor Epstein at 415-359-2463 or TaylorE@jfcs.org.

Academic Services Support SAT classes, academic tutoring, college support, entrepreneurship training, and professional job shadowing opportunities. Contact Taylor Epstein at 415-359-2463 or TaylorE@jfcs.org.

JFCS Jewish Single Parent Center Support groups, employment support, case management, and more. Contact Benna Norman at 415-449-1249 or BennaN@jfcs.org.

Center for Children with Special Needs Providing a continuum of care for children with learning, behavioral, physical, developmental, neurological, and emotional disabilities and for their families. Contact Janina Naderer at 415-359-2446 or JaninaN@jfcs.org.

Counseling for Children and Families Comprehensive, results-oriented mental health services for children, teens, and their families. Utilizing individual counseling, play therapy, socialization groups, family therapy, screening and assessment, and consultation to parents, we bring together a wide range of resources in a warm, supportive atmosphere. Contact our intake line at **415-359-2472**.

Single Again

An ongoing support group aimed at easing parenting stresses that arise at times of separation, divorce, or other major life changes.

Wednesdays, 6:30 – 8:00 pm.

For info, contact Dede Estey at 415-359-2486 or DedeE@jfcs.org.



Donate your vehicle.

Receive a tax benefit.
Help shape a child's life.

With one simple phone call, **turn your car into care** and help provide essential services to at-risk children and families in our community.

We pick up the car and handle all of the paperwork. All YOU have to do is call.

1-877-800-HUGS

SAVE THE DATE: Preschool Preview Night 2009!

The 17th Annual Preschool Preview Night will be held Wednesday, **October 21, 5:30 – 8:00 pm**, at the San Francisco County Fair Building (Hall of Flowers) at the 9th and Lincoln entrance to Golden Gate Park. For sponsorship or other exhibitor opportunities, contact Kenny Altman at 415-359-2455 or ParentsPlaceSF@jfcs.org.

