

PARENTS PLACE ON THE PENINSULA PRESENTS

Teacher Professional Development Workshops

Elementary through High School
2010 – 2011




parentsplace

Parents Place

Community Education Offers Teacher Professional Development

Since its founding over 25 years ago in San Francisco, Jewish Family and Children's Services' Parents Place has taken a leadership role nationally in developing policies and programs to support families. Parents Place provides a wide array of services to families with children from birth to 18.

Parents Place Community Education Center brings educational workshops to your school site at a convenient time for your parents and teachers. We offer Teacher Professional Development workshops on relevant topics from pre-school through high school that have benefited teachers and school staff throughout the Bay Area.

Our presenters and consultants are all professional parenting educators and child development experts who have extensive experience working with parents, children, teachers, and school administrators.

This booklet describes our Teacher Professional Development services. We would like to explore with you how we can be of assistance to your school community. Please contact Gloria Moskowitz-Sweet at 650-688-3037 or GloriaMS@jfcs.org to get further information. To schedule a Teacher Professional Development workshop, contact Diane Wasson at 650-688-3021 or DianeW@jfcs.org.

We look forward to working with you!



Programs Specifically for Elementary School Teachers

- **Understanding Child Temperament**

Temperament is inborn, not something we can teach or instill. Discussion will include information that can help teachers gain a better understanding about the children in their classroom, as well as ways to help parents understand and appreciate their child's temperament. We will discuss effective strategies for dealing with different types of temperaments.

- **The Angry Child: Dealing with Emotions**

Anger is a very real emotion for children, but it is only one in a range of emotions children need to learn how to handle. In this workshop, we will learn how to help students understand their emotions and deal with each one appropriately.

- **Communicating Effectively with Parents**

In this workshop, learn the many reasons parents can be challenging and the different types of difficult behavior parents can display. Examine family styles and the fears that parents and teachers can have when interacting with each other. Discuss strategies for teachers to communicate with parents most skillfully and in ways that build bridges and promote the successful and healthy development of the child. Topics include the effective use of email and managing parent conferences.



- **Understanding Children's Learning Styles**

Every person is born ready to learn, but we generally have a preferred style in which we learn best. Become skilled at identifying how the children in your classroom learn best and how to enhance their learning with specific teaching methods. We will explore your own learning style and how that affects your method of classroom teaching.

- **Multiple Intelligences: The Many Ways Children Learn**

The Theory of Multiple Intelligences was developed in 1983 by Dr. Howard Gardner, professor of education at Harvard University. Learning theories tend to come and go, but this learning theory has been recognized by educators, psychologists, and parenting experts as essential to understanding how children process and learn information. This workshop will offer insight into how teachers can incorporate the Theory of Multiple Intelligences into the classroom to enhance the learning of all students.



Center for Special Needs' Workshops for Teachers

- **Introduction to Inclusion (Preschool – Kindergarten)**

In this workshop, teachers will understand the philosophy and legal framework for the inclusion of children with special needs in school. Teachers will examine the definition of inclusion and will gain knowledge about benefits and basic principles of an inclusive program. Teachers will learn the principles of using adaptations and modifications for daily classroom activities and curriculum. Participants will also engage in hands-on activities: designing adaptations for specific needs of children in their classroom.

- **Parent Teacher Communication – Working with Parents When Concerns Arise (Preschool – Elementary)**

This workshop will introduce a model for healthy and open communication between teachers and families. Participants will learn how to prepare for a parent-teacher conference when concerns arise and how to conduct the conference using active listening and other supportive strategies. We will explore ways to work with parents when there are disagreements with teachers' concerns, the manner in which to make referrals, and possible next steps to take. Participants will be invited to share actual case examples (without breaching confidentiality) and practice suggested strategies.

- **Keys to School Success for Students with ADHD (Kindergarten – Elementary)**

This workshop will focus on teaching strategies and practical classroom accommodations that can be used to support learning, social, and behavioral challenges of students with attention deficit disorders. Teachers will also learn how to build an effective parent-teacher communication to provide the student with ADHD with continuing support in school and at home.



Programs That Can Be Tailored for Elementary Through High School Teachers

- **Communicating Effectively with Parents**

In this workshop, learn the many reasons parents can be challenging and the different types of difficult behavior parents can display. Examine family styles and the fears that parents and teachers can have when interacting with each other. Discuss strategies for teachers to communicate with parents most skillfully and in ways that build bridges and promote the successful and healthy development of the child. Topics include the effective use of email and managing parent conferences.

- **Understanding Children's Learning Styles**

Every person is born ready to learn, but we generally have a preferred style in which we learn best. Become skilled at identifying how the children in your classroom learn best and how to enhance their learning with specific teaching methods. We will explore your own learning style and how that affects your method of classroom teaching.

- **Multiple Intelligences: How Children Learn**

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Bullying Prevention Workshops for Teachers

- **Breaking the Cycle of Bullying: Building a Caring School and Involved Community**

Whether a child is using bullying behavior (social cruelty), is a target, or a bystander, all children suffer. This workshop will address the dynamics of “social cruelty” and what happens to all children involved. We will discuss how schools and communities working together can break the cycle of bullying and create safety for all children.

- **Creating a Safe and Caring School: Introduction to Steps to Respect**

This workshop will focus on how bullying / social cruelty affects the entire school community, recognizing the difference between bullying, social conflict, and teasing, as well as understanding gender differences. We will discuss strategies for changing the script through the evidence-based Steps to Respect Bullying Prevention Program developed by the Committee for Children. Teachers will leave with strategies they can use in the classroom and on the school yard.

- **Staff Training in Steps to Respect Methodology and Implementation**

This half-day training will offer an overview of the Steps to Respect Program, including how to receive bullying reports from students and how to coach all children: those who have used bullying behavior, the targets, and the bystanders. It will include the Steps to Respect curriculum, with specific strategies for teaching this program in the classroom.



- **Relational Aggression: The Ways Girls Bully and How to Disarm Them**

There is a hidden culture of aggression among girls that is difficult to recognize because it is not marked by the same kind of direct physical and verbal aggression that we often see in boys. It is pervasive and destructive and has a lasting impact on the victim, bystander, and perpetrator. This workshop will focus on understanding relational aggression among girls and offer teachers and administrators strategies on how best to disarm them and stop peer aggression.

- **Challenging Cyber Bullying**

Bullying has moved from the school yard into cyber-space, where there are no off hours. The impact on the school community has been profound. Research shows that the emotional harm from cyber bullying may be greater than that from traditional bullying. Off-campus incidents affect school climate, and students may avoid school or suffer a drop in academic performance as a result. This workshop will focus on strategies for implementing effective interventions at school.



Digital Literacy and Citizenship in the 21st Century

- **Control. Halt. Delete: Educating and Empowering Students in a 24/7 Digital Media World**

(Title created by Jordan Middle School Students, Palo Alto)

This is a program for middle school students that can be used in conjunction with *Control. Halt. Delete: Digital Life in the 21st Century*.

An interactive visual presentation is designed to engage middle school students to:

Control their digital image. **Halt** and think before they click. **Delete** cyber bullying.

- **Control. Halt. Delete: Digital Life in the 21st Century**

To adults, it looks like a brave new world, but to kids, it's "just life." Welcome to their world. Parents Place, in collaboration with Common Sense Media, presents a workshop for educators that will include an overview of students' media landscape, the digital divide, digital reputation, current trends, impact on schools and education, and ways to develop an action plan for educating students in a 24/7 digital media world.

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To Learn More or Schedule a Workshop

For information about a specific workshop:

Contact: Gloria Moskowitz-Sweet, Parents Place Community Education Coordinator, at 650-688-3037 or GloriaMS@jfcs.org

To schedule a workshop:

Contact Diane Wasson at 650-688-3021 or DianeW@jfcs.org

Our fee structure:

Two-hour workshop	\$600.00
Half-day workshop	\$850.00
Consultation fee for program development	\$150/hour

We are happy to custom-design a series for your school.

All materials are included. Subsidies are available for schools without specific funding for teacher professional development.

About Parents Place

Parents Place is a program of Jewish Family and Children's Services of San Francisco, the Peninsula, Marin and Sonoma Counties. We help parents of children of all ages and incomes through workshops, support groups, and individual and family counseling and consultation. Founded in 1981, the program's mission is to strengthen families so that children become healthy adults and to solve problems before they become crises. Parents Place has been the model for more than 200 parenting programs around the country, and has been featured in such national publications as *Parents Magazine*, *Family Fun*, *Working Woman*, *Christian Science Monitor*, and *Young Children*, as well as on the Today Show nationally and on local television and radio.



Parents Place offers two family resource centers on the Peninsula: one in Palo Alto and one in San Mateo.

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